



SPRING 2012 ACTIVITY CALENDAR

FINNISH LANGUAGE GROUPS

Courses for senior citizens and parents with small children

The courses progress at a leisurely pace and contain practicing Finnish language and getting knowledge about Finnish society. They help to adjust to Finland, give possibilities to more advanced studies in Finnish language and help to maintain the already gained language skills. These courses are especially targeted for senior citizens and parents with small children. Immigrants who are not working can also participate if there are free places on the course.

Getting familiar with letters and numbers course A

Monday and Wednesday 10.30-12.00 (16.1.-23.5.)

The course helps you to learn to read and write in the Latin alphabet system. At the same time you learn basic every day life Finnish. Child care is not available during the course. **A few free places** left on the course. **Register** at the Familia Club office **10.-11.1.** during opening hours. It's good to have a Finnish or English speaking person with you when registering. It's also possible to join later if there are free places on the course. Teacher *Riitta Rantaniska*. In association with KSL.

Getting familiar with letters and numbers course B

Monday and Wednesday 12.30-14.00 (16.1.-23.5.)

Contents and registration as for course A. **A few free places.** Childcare is available during the course. Teacher *Riitta Rantaniska*. In association with ViSiO.

Basic course A

Tuesday and Thursday 14.15-15.45 (17.1.-15.3.)

The course is for beginners. Doesn't require any previous studies in Finnish language, but you need to know how to read and write in Latin alphabet. Childcare is available during the course. **Register** at the Familia Club office during **10.-11.1.** It's good to have a Finnish or English speaking person with you when registering. Teacher *Anca Sarau-Vuorinen*. In association with KSL.

Basic course B

Tuesday and Thursday 14.14-15.45 (20.3.-24.5.)

Contents as for course A. Child care is available during the course. **Register** at the Familia Club office **1.-13.3.** during opening hours. It's good to have a Finnish or English speaking person with you when registering. Teacher *Anca Sarau-Vuorinen*. In association with KSL.

Continuation from the basics

Tuesday and Thursday 12.30-14.00 (17.1.-24.5.)

The course is suitable for persons who have studied Finnish about 50 hours and know the very basics. Child care is available during the course. **A few free places** left on the course. **Register** at the Familia Club office **10.-11.1.** during opening hours. Teacher *Anca Sarau-Vuorinen*. In association with ViSiO.

Continuation course A

Monday and Wednesday 12.30-14.00 (16.1.-23.5.)

In this course focusing on conversation basic knowledge of Finnish language is required. Child care is available during the course. **A few free places** left on the course. **Register** at the Familia Club office **10.-11.1.** during opening hours. Teacher *Eeva Saarinen*. In association with ViSiO.

Continuation course B

Monday and Wednesday 14.15-15.45 (16.1.-23.5.)

Contents and registration as for course A. Child care is not available during the course. **A few free places** left on the course. **Register** at the Familia Club office **10.-11.1.** during opening hours. Teacher *Eeva Saarinen*. In association with ViSiO.

Other Finnish language groups

Basic Finnish for everyday life

Sunday 13.00-16.00 (15.1.-29.4.)

Words and phrases for everyday life. Teachers *Pirkko Jyväkorpä* (tel. 040 5688330) and *Pertti Kähärä* (tel. 040 5326612). **Register** by calling one of the teachers. In association with KSL.

Basic Finnish by arts

Friday 12.45-14.15 (13.1.-16.3.)

This workshop is meant especially for women who can't read or write. In the workshop Finnish language is learned by using arts. Directed by *Riitta Rantaniska* and *Jade Tamminen*. In association with *Kassandra's Koivu ja tähti* -project. Registration 050 330 1720, koivujatahti@kassandra.fi or in the office of Familia Club 10.-11.1.

Steps into Finnish

Thursday 12.00-16.00 (12.4.-10.5.)

Words and phrases for everyday life. Getting to know the Finnish culture by making and experiencing yourself. **Register** at the Familia Club office **from 19.3.** during opening hours. Teacher *Riitta Rantaniska*. In association with ViSiO.

Axxell´s Finnish courses in Familia Club

Winter course 16.1.-20.4.

Summer course 7.5.-31.8. (vacation 2.-29.7.)

The course is funded by city of Helsinki. There are four lessons from Monday to Friday at 9.00-12.15. The winter course is booked. More about the summer course you can find in March from Familia Club's homepage or www.axxell.fi/mkk.

Papupata conversation group

Tuesday and Thursday 18.00-19.30 (17.1.-14.6.)

The group is available for everyone who is interested and manages basic Finnish language, no registration required. It's possible to join at any time. The instructors are Red Cross volunteers. More information about the meetings contact papupata.kerho@gmail.com.

News Club

Wednesday 16.00-17.30 (18.1.-9.5.)

What is going on in Finland and around the world? Come to News Club discussion group and listen the latest news in easy Finnish. There will be coffee and tea service. You can attend every week or come when you have time. Directed by *Ulla Ropponen* and *Päivi Lehtonen*.

Let's speak Finnish conversation group

Friday 10.00-11.30 (20.1.-25.5.)

The group consists of maximum of five people who know the basics of the Finnish language. The members of the group are expected to participate actively and regularly. The group discusses topics that come from interests of the participants. Directed by *Kaarina Koivuniemi* and *Tuija Partonen*.

Saturday conversation

Saturday 14.30-16.30 (begins 14.1.)

The group is open to everyone who is interested and manages the basics of Finnish language, no registration required. You can attend at any time. Directed by *Raija Sipilä*.

Tandem training

Information meeting on Wednesday 15.2. 18.00–19.00 at Kalliolan opisto

Practice everyday Finnish or some other language with a conversation partner who speaks the language as their mother tongue. In the tandem training the practice is carried out in pairs so that both languages are spoken in turn. You need to have at least a basic command of the tandem language. The discussion topics, meeting places and times are arranged by you and your partner together. The training is organized in co operation with Kalliolan opisto. The languages, in addition to Finnish, are Hebrew, Japanese, French, Swahili, Czech and Russia. Let us know your **interest to participate by email: familia@familiaclub.fi** by 10.2. and come to the information meeting! In association with Kalliola opisto.

ACTIVITIES FOR CHILDREN AND FAMILIES

Multicultural crèche

Monday and Wednesday 12.30-14.00 (16.1-23.5.)

Tuesday and Thursday 12.30-15.45 (17.1.-24.5.)

The crèche is primarily for children whose parents attend a Finnish course at Familia Club. The child minder speaks both Finnish and English. The group is small and **requires membership and registration in advance at the same time with the course registration.**

Multicultural family club

Wednesday 10.00–12.00 (11.1.-23.5.)

The program includes play, crafts discussion and doing things together, also get to know the services of Helsinki city. Parents and children are welcome. More information: *Nancy Hursti*, 044 3770744. **Venue:** Kannelmäen nuorisotalo (Kannelmäki youth centre).

Intercultural Wednesday

Wednesday 17.30 (22.2., 14.3., 11.4. and 9.5.)

Intercultural Wednesday is for couples and families with two cultures. It's about being together and discussing some issues over a warm cup of soup or coffee/tea. The meetings include for example watching movies, founding an influence group and planning upcoming projects. More precise programme of each meeting will be on the web page two weeks before the meeting. **Registration** by email familia@familiaclub.fi or duo@familiaclub.fi by the preceding Tuesday.

Multicultural living room for single parent families

Thursday 17.30-19.30 (12.1., 9.2., 8.3., 12.4., 10.5.)

Discussion between parents and director in the living room of Päksey ry. while the childminder is taking care of children. More information eija.tuominen@iki.fi. **Venue:** Sörnäinen.

Duo-project activities

Mother – baby -groups

Discussion groups

Facilitator trainings

Registration and more information about Duo projects groups visit website www.familiclub.fi/duo, by email duo@familiclub.fi or call 050 5713976.

EXCURSIONS

Let's ice skate!

Friday 10.2. 12.00

Together we can learn the basic ice skating skills in Rautatientori Ice Park. Skate renting from the venue is possible. Ticket to Ice Park is for members 2,50 euros/adult, 1,00 euros/child (other than members 5/3 euros). Skate rent for members is 2,50 euros (others 5 euros). **Registration** by Thursday **9.2.**

Bank of Finland's Money Museum

Friday 23.3. 11.30

In guided round we will get to know the exhibition *Three currencies, two centuries, one Bank of Finland*. The exhibition tells how money transitions impact on every one's lives. **Registration** by Thursday **22.3.**

Theater trip: Foreigner

Wednesday 28.3. 19.00 Helsinki city theater, Studio Pasila

Foreigner is a comedy that laughs at presumptions and the fear of difference. Tickets to members: only 5euros/adult. Maximum 10 persons. **Binding registration by Friday 2.3.**

Fazer's confectionery factory

Friday 20.4. afternoon

In Fazer's confectionery factory we get to know about the history of making chocolate and sweets, how the factory works and tasting of Fazer's products. The round takes about 1,5 hours. Maximum 25 persons. **Registration** by Monday **16.4.** Attention: Fazer's factory is located in Vaarala witch is in Vantaa, so when travelling from Helsinki, you must by a regional ticket.

Swimming hall in Itäkeskus

Wednesday 25.4. 10.00-12.00

In addition to swimming we get to know the services and how to act in the swimming hall. Both parents and children are welcome. Entrance for the members is 1 euro/adult, others 5,20 euros, children under 7 years for free. **Registration** by Tuesday **24.4.**

Recycling store and Flea market in Hietaniemi

Wednesday 23.5. 10.00

Come to make cheap and exiting purchases. Together we will go to a recycling store in Lönruutinkatu and flea market in Hietaniemi. Meeting at Familia Club.

Registration by Tuesday 22.5.

CLUBS

Managing your everyday life

Friday 10.30-13.30 (20.1., 17.2., 16.3, 13.4. and 11.5.)

In the club you learn how to take care of your home and children, prepare nutritious Finnish food and other things which make your life in Finland easier. At the same time you learn more Finnish language. Childcare is arranged. Maximum 10 participants. **Registration** by preceding Wednesday. Materialfee 1 euro/time. In association with Finlands svenska Mathaförbund. **Venue:** The teaching kitchen of the Matrthaförbund.

Flavours from Finland and around the world –kitchen club

Friday 11.30–14.00 (3.2., 2.3., 30.3. and 27.4.)

We prepare and taste food and pastries from Finland and other countries. We also learn Finnish words needed in the kitchen. Childcare is arranged. There may be small expenses to the participants for buying the ingredients. **Registration** on preceding Tuesday.

Support for wellbeing (in Russian)

Monday 17.15-20.00 (from 30.1.)

Participants discuss issues of mental well being in Russian based on the theory, discussions and practise. For more information contact *Anna Sidelnikova*, tel. 044 2532879.

Seminar on mental well being (in Russian)

Wednesday 17.30-20.30 (11.1., 15.2., 14.3., 11.4. and 16.5.)

Discussion in Russian based on Avvakimovas introductions. More information *Zoja Aalto*, tel. 044 5942920

Italian language for children

Saturday 14.15-15.15 (14.1.-17.5.)

For more information contact *Adelia Wadenström* tel. 050 5116282.

Icelandic children's club

Saturday 10.00-12.00

Icelandic children's club organized by Félag Íslendiga í Finnlandi association. More information contact *Arna Thorgeisdottir* 050 3075096 or arnalisbet@gmail.com.

Estonian childrens club

Monday 17.45-18.45

Friday 18.00-19.00

Estonian children's club organized by Eesti Lastering association. More information: *Kaire Trei* 041 5268875 or kairetrei@gmail.com.

EVENTS

Information about mouth hygiene

Tuesday 6.3. 14.00

A representative of health centre will tell about dental care, eating manners and healthy food. He/she will also give advices about cleaning your mouth and teeth.

Registration by Monday 5.3.

Event on Women's day

Thursday 8.3.

Indulgence, music and service to women – and little for men also!

Familia Club spring general meeting

Wednesday 18.4. 18.00

Every member is welcome to join and make a difference. The meeting will deal with the statutory matters.

World Village Festival

Saturday-Sunday 26.-27.5.

Familia Club has its own table in Finland's biggest multicultural event. Come help with the preparations and represent Familia Club in the festival! First planning meeting is on Wednesday 21.3.

Gardening course

Saturday in May-June

Come and learn how to grow useful plants and flowers in your window sill, balcony or garden lot in a course with Familia, Association of useful plants and ViSiO. More information of the course will be on the web page later this spring.

The courses and events are organised at the Familia Club venue in Kaisaniemi, Vilhonkatu 4 B 3rd floor, unless stated otherwise. More information about every course and event go to the office. Participants for the language groups are accepted on a first come, first served basis. You can ask about possible free places at the office. Both new and old members are welcome to all activities without any registration, unless stated otherwise.

Participation in the Familia Club courses and events is free for members (apart from the membership fee) unless stated otherwise.

The membership fee for 2012 is 15 Euros for adults and 6 Euros for children.

For information about other spring activities and possible timetable changes, please visit the Familia Club website www.familiacub.fi or telephone (09) 738 628, or visit the office.

The office is open Monday-Friday 9-16.

WELCOME!



**Monikulttuuriyhdistys
Familia club ry**

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**MULTICULTURAL ACTIVITIES
SINCE 1988**