



# AUTUMN 2010

## ACTIVITY CALENDAR

### FINNISH LANGUAGE GROUPS

#### **Courses for senior citizens and stay-at-home mothers**

*The courses progress at a leisurely pace and focus on everyday situations and conversation, and they are especially targeted for senior citizens and stay-at-home mothers. Immigrants who are not working can also participate if there are free places on the course. Courses are organized in association with KSL and ViSiO.*

#### **Getting familiar with letters and numbers course A**

*Monday and Wednesday 10.00–11.30 (6.9.-15.12.)*

The course helps you to learn to read and write in the Latin alphabet system. At the same time you learn basic Finnish. Child care is not available during the course. **Register** at the Familia Club office 31.9.-2.9. It is good to have a Finnish or English speaking person with you when registering. If there are free places on the course, it is also possible to join later. Teacher *Eva Lee*.

#### **Getting familiar with letters and numbers course B**

*Monday and Wednesday 12.15–13.45 (6.9.-15.12.)*

Contents and registration as for course A. Child care is available during the course. Teacher *Riitta Ranraniska*.

## **Basic course A**

*Monday and Wednesday 14.15–15.45 (6.9.-15.12.)*

Course for beginners, no previous studies in Finnish language required, but you need to know how to read and write in Latin alphabet. Child care is available during the course.

**Register** at the Familia Club office 31.9.-2.9. It is good to have a Finnish or English speaking person with you when registering. Teacher *Eva Lee*.

## **Basic course B**

*Tuesday and Thursday 12.30–14.00 (7.9.-16.12.)*

Contents and registration as for course A. Child care is available during the course. Teacher *Eva Lee*.

## **Continuation from the basics**

*Tuesday and Thursday 14.15-15.45 (7.9.-16.12.)*

The course is suitable for persons who have studied Finnish about 50 hours and know the very basics. Child care is available during the course. **Register** at the Familia Club office 31.8.-2.9. Teacher *Eva Lee*.

## **Finnish for more advanced**

*Monday and Wednesday 12.30-14.00*

The course is suitable for persons who know the basics of the Finnish grammar and vocabulary. Child care is available during the course. **Register** at the Familia Club office 31.9.-2.9. Teacher *Eva Lee*.

## **Continuation course**

*Tuesday and Thursday 12.30–14.00 (7.9.-16.12.)*

The course focuses on conversation, and basic knowledge of Finnish language is required. Child care is available during the course. **Register** at the Familia Club office 31.8.-2.10. Teacher *Eeva Saarinen*.

## **Other Finnish language groups**

### **Basic Finnish for everyday life**

*Sunday 13.00-16.00 (5.9.-5.12.)*

Words and phrases for everyday life. Teachers *Pirkko Jyväkorpä* (tel 040 5688330) and *Pertti Kähärä* (tel. 040 5326612). **Register** by calling one of the teachers. In association with ViSiO.

## **Finnish conversation groups**

*Tuesday and Thursday 18.00–19.30 (2.9.-14.2.)*

*Saturday 14.00–16.00 (from 11.9.)*

The groups do not require registration and they are open to everyone who knows the basics of Finnish language. It is possible to join at any time. The groups on Tuesday and Thursday are organized together with the Red Cross Papupata group. More information [papupata-kerho@netti.fi](mailto:papupata-kerho@netti.fi).

## **News Club**

*Thursday 10.00-11.30 (9.9.-9.12.)*

What is going on in Finland and around the world? Come and listen the latest news in easy Finnish and have a nice time together. Coffee and tea available. You can attend every week or come when you have time.

## **Let´s speak Finnish conversation group**

*Friday 10.00–11.30 (starts 10.9.)*

The group consists of maximum of five people who know the basics of the Finnish language and who are expected to participate as actively and regularly. The group discusses topics that are of interest to the participants. Directed by *Kaarina Koivuniemi* and *Sirpa Pohjalainen*.

## **Tandem training**

*Information meeting Thursday 30.9. 18.00*

Practice every day Finnish or some other language with a conversation partner who speaks the language as their mother tongue. In the tandem training the practice is carried out in pairs so that both languages are spoken in turn. You need to have at least a basic command of the tandem language. The discussion topics, meeting places and times are arranged by you. The training is organized in co operation with Kalliolan opisto. The languages, in addition to Finnish, are Czech, French, Hebrew, Japanese, Russian and Swahili. The group meets once a month (first meeting 1.10.). Let us know your interest to participate by email: [familia@familiaclub.fi](mailto:familia@familiaclub.fi) and come to the information meeting!

## **Finnish for unemployed immigrants**

This course consists of four hours of teaching per day, Monday-Friday, 9.00-12.15, 30.8.-20.12. The course is organized in association with Amiedu and the city of Helsinki. (The course is full.)

## **ACTIVITIES FOR CHILDREN AND FAMILIES**

### **Children´s Chinese language Club**

*Monday 17.30–18.30 (6.9.-13.12.) Familia Club, Helsinki*

*Wednesday 17.00–18.00 (8.9.-8.12.) Jousenkaaren koulu, Espoo*

Led by a Chinese teacher, this club for children under school age introduces the Chinese language and culture by play. The fee is 120 Euros, with a 20 % discount for siblings, plus Familia Club membership fee 6 Euros per child. New children are welcome. **Registration** by email [familia@familiaclub.fi](mailto:familia@familiaclub.fi) or during the first meeting at the latest.

### **Multicultural crèche**

*Monday-Thursday 12.15-15.45 (6.9.-15.12.)*

The crèche is primarily for children whose parents attend a Finnish course at Familia Club. The child minder speaks both Finnish and English. The group is small and **registration in advance is required**.

### **Multicultural family club**

*Wednesday 10.00–12.00 (8.9.-15.12.)*

The program includes play, crafts discussion and doing things together. Parents and children are welcome. **Venue:** Kannelmäen nuorisotalo (Kannelmäki youth centre)

### **Duo-project activities**

#### **Mother – baby –groups**

#### **Discussion groups**

#### **Will&Skill – relationship coaching**

#### **Family training**

For more information visit Duo project´s website [www.familiaclub.fi/duo](http://www.familiaclub.fi/duo) or call 050 5713976.

## **EXCURSIONS**

### **Päivälehti – journalism and printing techniques museum**

*Friday 17.9. at 12.30*

We get to know the history of printing techniques and newspapers. We also visit the Great Adventure – Moomin Family 65 Years -exhibition. **Registration** on Wednesday 15 September at the latest.

## **Fazer candy factory**

*Friday 15.10. afternoon*

During the 1 ½ hours guided tour we get an introduction to the secrets of chocolate and candy production. You can also eat as much sweets and chocolate as you want. You also get a free product package with you. Maximum 25 persons. **Registration** on Monday 11 October at the latest. Please note that the factory is situated in Vantaa and you need a regional ticket when travelling there from Helsinki.

## **Autumn open air scout camp**

*Saturday 23.10.*

How to find your way in a Finnish forest, is it possible to sleep in a tent in late autumn? The scouts take us to their week end camp in Riipilä in Vantaa. Transportation to the camp from Helsinki starts in the morning and we come back in the afternoon. Food will be served. The schedule and registration information will be available later.

## **Theatre trip: Amijima**

*Wednesday 27.10. at 19.00 Kansallisteatteri*

The Love suicides at Amijima is the Japanese author Chikamatsu Monzaemon's powerful drama dating from 1720. Buto-dances, geishas and samurais show traditional Japanese culture. Maximum 10 participants. **Binding registrations** on Monday 13 September at the latest. Tickets for Familia Club members only 5 Euros/adult.

## **Natural History Museum**

*Friday 12.11. at 12.30*

Exhibition Finnish Nature takes you to different parts of Finland during the four seasons. In the Finnish nature you can see the impact of the northern location and severe climate, light but short summer and long and dark winter. **Registration** on Wednesday 10 November at the latest. Entrance fee for members 2 Euros/adult, others 6 Euros/adult.

## **Dance theatre Hurjaruut: Winter Circus Sika**

*Friday 3.12., morning*

The legendary annual Winter Circus by Dance Theatre Hurjaruuth has delighted and surprised spectators of all ages since 1994. There will be the most imaginative figures on stage as well as the salsa orchestra Kuukumina. Maximum 10 participants. **Binding registrations** on Wednesday 17.11. at the latest. Tickets for Familia Club members 3 Euros, others 10 Euros.

## **CLUBS**

### **Flavours from Finland and around the world– kitchen club**

*Friday 11.00–13.30 (10.9., 8.10. and 5.11.)*

We prepare and taste food and pastries from Finland and other countries. We also learn Finnish words needed in the kitchen. Childcare is arranged. There may be small expenses for buying the ingredients. **Registration** on preceding Tuesday.

### **Managing your everyday life**

*Friday 10.30-13.30 (24.9., 22.10., 19.11. and 10.12.)*

In the club you learn how to take care of your home and children, prepare nutritious Finnish food, manage your family economy and other things which make your life in Finland easier. At the same time you learn more Finnish. Childcare is arranged. Maximum 10 participants. **Registration** on the preceding Wednesday at the latest. Fee 1 Euro/time. In association with Finlands svenska Marthaförbund. **Venue:** the kitchen of the Marthaförbund.

### **Seminar on mental well being (in Russian)**

*Wednesday, 17.30-20.00 (13.10, 10.11. and 8.11.)*

Participants discuss issues of mental well being based on the introductory lectures of Avvakimova. More information *Zoja Aalto*, tel 044 5942920.

### **Italian kitchen**

*Wednesday 17.00-20.00 (18.8.-15.9. and 6.10.-3.11)*

For more information and registration call *Francesco Benedetti*, 050 5638936.

### **Italian language course for children**

*Saturday (starts 4.9.)*

The course is suitable for children aged 6-7 years. More information *Adelia Wadenström*, tel 050 5116283.

### **Estonian children ´s club**

*Monday, 17.30-19.00*

*Friday 18.00-19.00*

The club is organized by Eesti Lastering association. More information from *Kaire Trei* 041 5268875 or [kairetrei@gmail.com](mailto:kairetrei@gmail.com).

## EVENTS

### **Mayor´s residents' evening for residents with immigrant background**

*Tuesday 21.9. at 18.30-20.30 City Hall*

We participate the residents' evening hosted by mayor Jussi Pajunen. The purpose of the evening is to serve the residents with immigrant background. The questions are answered by Mayor Pajunen and the experts from the city administration. Departure from Familia Club at 18.00

### **Familia Club autumn general meeting**

*Tuesday 19.10. at 18.00*

Every member is welcome to make their voice heard. The meeting will deal with the statutory matters (activity plan and budget for 2011, election of the board members and the auditors).

### **Open doors candle celebration**

*Thursday 16.12. at 14.00-17.00*

Celebrate the end of the Familia Club's autumn activities. Delicious food from different countries, music and games. You are welcome to pop in or to spend the afternoon in the candle light in the company of nice people

## FAMILIA CLUB SERVICES

### **Advice**

The Familia Club helps immigrants with problems to find the right place for help. The office also has a useful information point with a wide range of leaflets and other information.

### **Computer and newspapers**

Members can use a computer with an internet connection for free to search for information, email, or filling applications, etc. It is possible to print and photocopy pages for a small payment. You can also read the daily newspaper at the Familia Club.

### **Room hire**

Do you need a meeting place in the city centre? Members and associations can rent rooms at the Familia Club for a small fee. A well-equipped kitchen is also available.

### **Exhibit your art at Familia Club**

Familia Club offers hang up possibility for small scale art exhibitions especially for artists with immigrant back ground.

**DUO-project** DUO aims to support intercultural couples and families by creating peer support groups, family training and counselling services.

**MONIHELI-project** MONIHELI aims to develop the multicultural network for immigrant organizations around Helsinki metropolitan area.

The courses and events are organised at the Familia Club venue in Kaisaniemi, Vilhonkatu 4 B 3<sup>rd</sup> floor, unless stated otherwise.

Both new and old members are welcome to all the activities without any registration, unless stated otherwise. Participants for the language groups are accepted on a first come, first served basis. You can ask about possible free places at the office.

Participation in the Familia Club courses and events is free for members (apart from the membership fee), unless stated otherwise.

The membership fee for 2010 is 15 Euros for adults and 6 Euros for children.

For information about other autumn activities and possible timetable changes, please visit the Familia Club website [www.familiacub.fi](http://www.familiacub.fi) or telephone (09) 738 628, or visit the office.

The office is open Monday-Friday, 9.00-16.00.

## WELCOME!



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## MULTICULTURAL ACTIVITIES SINCE 1988